



FCA LACROSSE MARYLAND GIRLS CLUB PROGRAM Player's Expectations

MD Club Lax Purpose: *to provide highly dedicated and skilled youth lacrosse players the opportunity to compete at a high level and grow in their relationship with God, while developing Christ-centered leaders in the lacrosse community who maximize their God-given purpose and potential on and off the field.*

Competitor Purpose: The reason I play lacrosse is -

We believe that life's greatest lessons, values and faith can be learned on the athletic field. Sports help to reveal and refine our character so we can become women who love, serve and care. Playing for FCA means I support the FCA values of integrity, teamwork, serving, and excellence and will strive to grow in my relationship with God and learn how to compete and live for Jesus Christ.

As an FCA player, I agree to:

- Grow in my relationship with God and in my desire to honor Him in all I say and do.
- Accept responsibility for my behavior on and off the field. I understand that what I do and say affects my teammates, coaches, and family either positively or negatively.
- Live with integrity, doing the right thing regardless of the circumstances or consequences.
- Respect my parents, coaches, teammates, opponents, refs, and spectators.
- Find ways to make others around me better and bring out the best in them.
- Seek ways to serve my teammates and lend a helping hand.
- Serve as a role model– speaking with respect and acting courteously.
- Control my words, refraining from derogatory, demeaning talk and profanity.
- Give 100% effort to all practices, games, and events understanding that my effort demonstrates my commitment to the team and respect for the coaches.
- Display good sportsmanship, encourage my teammates, refrain from trash-talking or intimidation of my opponents, and win with humility and lose with honor.

Because I represent my family, coaches, team and FCA, I agree to honor and live out this code of conduct.

Signature

Date